

CENTER of
FATHERHOOD



INTERNATIONAL CENTER OF FATHERHOOD

NON-PROFIT CORPORATION

# **QUALITIES OF A GOOD FATHER:**

#### RESPONSIBLE

FOR PRESERVING LIFE OF A CHILD FROM THE MOMENT OF HIS OR HER CONCEPTION

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#### INVOLVED

IN RAISING HIS CHILD ALONG WITH HIS WIFE

#### PROVIDES

FOR HIS FAMILY KEEPING HIS TIME WITH HIS FAMILY MEMBERS

#### **TRANSFERS**

MORAL AND SPIRITUAL VALUES TO DESCENDANTS THROUGH PERSONAL EXAMPLE

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### **ADDRESS** OF ICF PRESIDENT



International Center for Fatherhood is a team of men conscious of the fact that fathering is a life mission, rather than a coincidence of circumstances.

In the last fifteen years we have acquired unique experience of working with men in Ukraine and abroad. Having initiated movement for responsible fatherhood to overcome the crisis of father's absence in Ukrainian families, we decided to be, the first and foremost, real fathers for our children, and help other men discover father's heart in themselves.

Our experience says that men of our generation aspire qualitative changes in their relations with their children, as well as in their fathering. That is why it is so important to have someone nearby who would reinforce this desire and help to acquire and develop habits of a good father.

The catalog You are holding in your hands is not merely a report on activities of the organization. This is a presentation of resources and possibilities which have already helped many men build up relations "from heart to heart" with their children, and enabled leaders of local communities to initiate positive trends for these relations to develop.

We invite you to join the men's movement for responsible fatherhood and make your significant contribution to develop your family, community and nation.

Oleksandr Marchenko,
President of International Center for Fatherhood

#### **OUR MISSION**

To revive a culture of responsible fatherhood, impose positive influence on the family through the Biblical model of a good father, and protect family values in the present-day society.

#### **OUR ACTIVITIES**

To inspire and teach men to be active fathers and grandfathers, set a positive example for their children so that each child has joy, love, care and welfare through his or her father who is conscientiously and responsibly engaged in his child's life.

### **OUR GOAL**

**To reach out to men who are fathers and grandfathers in Ukraine.** To deliver a message about a responsible and influential fatherhood, and attract around 140 thousand men to the initiative. 140 thousand is the number which makes up approximately 2% of all Ukrainian fathers aged from 25 to 60.

#### To accomplish the goal, we plan to equip:



# **HISTORY**

### 1996

1997

Oleksandr Marchenko organized the first Ukrainian conference 7 Secrets of Effective Fathering. Instructors from the United States held training for 200 men from all over Ukraine

### 2000

The action group became an NFM subdivision in Ukraine. The mission and strategy for Ukraine was outlined. 10-week training course Foundation of Fatherhood was written

### 2005

ICF began to expand the scope of international operation by conducting workshops in Belarus, Moldova and Russia. It also provided methodological assistance to a newly-developed fatherhood initiative in Poland

#### 2010

ICF began to extend its activity to reach Western Europe and the United States. Several seminars and presentations were conducted in Poland, Germany, the Netherlands, France, Switzerland, Italy, Hungary, and the United States in the following years

#### 2017

ICF became a co-founder of the Fatherhood – Ukraine coalition of local organizations, as well as a co-author of the National Strategy for Responsible Fatherhood promoted for State family policy

Ken Canfield visited Kyiv, the capital of Ukraine. Presentations of the National Center for Fathering and the National Fathering Ministry (USA) were made for key leaders.

#### 1998

Oleksandr Marchenko headed an action group, which started organizing workshops and conferences in different cities and towns of Ukraine along with the National Fathering Ministry (NFM)

#### 2003

International Center for Fatherhood (ICF) began to expand its activities in Ukraine and other former Soviet countries. ICF was registered in Ukraine by its founder, Oleksandr Marchenko. The center continued it cooperation with NFM

#### 2007

The national Father's Day public initiative was established. 10,000 signatures were collected in support of the initiative. Public forums attended by representatives of various State ministries, public and religious organizations were held in Kyiv, L'viv, Kropyvnytskyi and Dnipro

#### 2013

A new ICF strategy and function model of activity was developed

#### 2018

ICF began to develop the global men's movement for responsible fatherhood *Father 24/7*. Experience in terms of activities and impact is shared with individuals and organizations from other countries

#### **IMPACT**

Around **13 thousand men** have attended conferences, workshops and small groups.

Training and equipping of the Ukrainian team of leaders has been determined as a top priority for ICF in the nearest decade. This very group of activists representing local communities will be at the forefront of further rapid development of the national men's initiative for responsible fatherhood.

#### **UKRAINE**

- 150 conferences, workshops and trainings have been held in 34 cities and towns of Ukraine.
- 14 thousand copies of Ken Canfield's books Seven Secrets of Effective Fatherhood and The Heart of the Father, plus 7 thousand copies of Foundation of Fatherhood have been distributed.



#### **REPRESENTATIVES**

Dnipro

Zaporizhia

Kyiv

Kropyvnytskyi

Lutsk

Odesa

Rivne

Sumy

Kharkiv

Cherkassy

# SEMINARS AND SMALL GROUPS

Bila Tserkva

Bilhorod-Dnistrovskyi

Vinnytsia

Donetsk

Zhytomyr

Ivano-Frankivsk

Izmayil

Kamianets-Podilskyi

Kaniv

Korosten'

Kremenchuk

Luhansk

Ľviv

Mykolayiv

Oleksandria

Saky

Sevastopol'

Symferopol'

Sloviansk

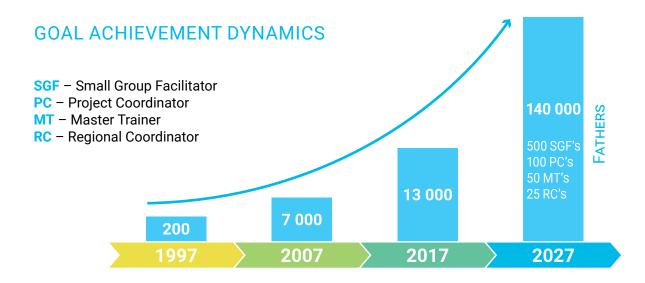
Ternopil

Truskavets

Kherson

Chernivtsi

Chernyhiv



# INTERNATIONAL ACTIVITIES

39 seminars and 65 presentations have been made in the United States, Europe and CIS countries.



Bilorus
Belgium
Italy
Lithuania
Moldova
the Netherlands
Germany
Poland
Russia
USA
Hungary
France
Switzerland



# **Local Community**



ICF operates to develop men's movement to support responsible fatherhood in local communities through cooperation with education and family policy departments, public and religious organizations, and specialists. Such cooperation is based on partnership. ICF aims to train and equip representatives of local communities to develop the initiative by means of resources and experience of the Center. The resources of ICF comprise programs, projects and events which can be used periodically within a year. ICF consults its partners at all stages of using the resources.

# **Motivational presentation**

It is the first step in correlation between the Center and an organization. It involves familiarization with available resources and experience, as well as conclusion of a partnership agreement.

## **School of Leaders**



It is held three times a year, namely in February, May, and October. Classes are conducted by ICF experts. Leaders are trained to become:

SGF – Small Group Facilitator MT – Master Trainer

PC - Project Coordinator RC - Regional Coordinator

# **Father 24/7 Training Seminar**



It is held by a trained MT or an expert of ICF for men or family couples from a certain community. It presents fundamentals of responsible fatherhood, helps couples to become successful parents' teams and motivates men to develop fathering skills in a small group led by a trained SGF from the same community.

#### **Weekend and Great Adventure**

It is conducted by a trained PC. Camping, kayaking, or mountain hiking for men and their children are good opportunities for participants of a training seminar to reinforce fathering skills.

# **Father's Day**

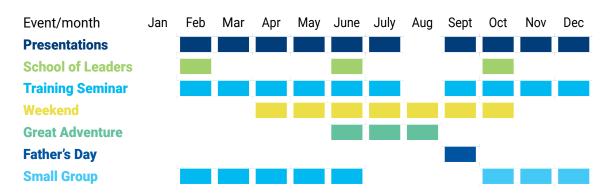


It is an annual festive event held at cities, towns, villages. Organized by RC and PC, it unites efforts of all activists from a local movement, and engages local community into promotion of values of responsible fatherhood.

# **Small Group**

It is conducted by a trained SGF. As usual, it consists of 7-10 persons. One facilitator may conduct 2-3 group meetings a year. It is the most effective when follows a training seminar or a summer project.

#### ANNUAL PLAN OF EVENTS



#### **RESOURCES**

ICF positions itself as a Training Center, which creates its own resources or adapts international programs for local communities to use. The catalog of resources is expected to be expanded on the regular basis in the coming years.



# **Motivational Presentation**

Familiarization of representatives of interested organizations with available experience and resources of the Center and invitation to join the movement in support of responsible fatherhood. It lasts for 45 minutes.

#### **School of Leaders**

It comprises trainings held three times a year either at the Center or scheduled separately at partnering organizations with the aim of training and equipping leaders in the following spheres:

**Regional Coordinator (RC)** develops and coordinates movement in support of responsible fatherhood in a certain geographical area determined by a partnering organization or community structures. He supports SGF and coordinates activities of PC and MT.

MasterTrainer (MT) conducts trainings for parents in a region.

**Small Group Facilitator (SGF)** holds meetings for a group of men for classes of *Fundamentals of Fatherhood course*. **Project Coordinator (PC)** prepares and holds specific events in line with the main activities of the Center: a training seminar, a weekend, a summer project, a festival, etc.

# Training Seminar Father 24/7

It helps men realize their role of a father; make the first step towards reconciliation of generations; determine and develop qualities and habits of a good father; draw up a plan of personal fatherhood; achieve balance between professional activities and family life; discover principles for a couple to cooperate in raising their children.

#### Seminar format:

- men (couples) having children are invited
- seminar is based upon thematic lectures, role games, print outs, interactive communication in discussions groups
- · classes are conducted by MT of the Center
- duration: 4-6-18 hours, from 20 to 80 participants

#### Weekend Father 24/7

**Goal:** men gaining fathering experience; developing and applying their fathering skills in direct communication with their children. Building up relationship "from heart to heart" between a father and his child.

#### **Event format:**

- 2-3-day camp, weekend or vacation
- up to 20 fathers + 20-30 children
- 4-hour training for fathers
- interactive contests, competitions, sports, intellectual contests, role games, communication

# **Great Adventure** summer project

**Goal:** men gaining practical fathering experience; developing and applying fathering skills in extreme conditions. Building up relationship "from heart to heart" between a father and his child.

#### **Event format:**

- 5-7 days of kayaking or mountain hiking
- up to 15 parents + 15-20 children
- 6-hour training for fathers
- interactive contests, competitions, sports, intellectual contests, role games, communication

# 10-week course for small groups Foundations in Fatherhood

**Goal:** advanced learning of fundamentals of fatherhood; gaining experience and developing fathering skills, applying personal fatherhood practically within family; exchange of experience in a group up to 10 people.

The course includes daily textbook assignments and weekly meetings conducted by a facilitator trained by the Center.

#### Media

- Power of Fatherhood DVD, 4-hour seminar, MP3, speaker Oleksandr Marchenko
- Power of Fatherhood book + audio, author Oleksandr Marchenko
- Good Father multimedia presentation
- Web site Ukraine www.uafathers.com; USA www.icfatherhood.org
- Facebook Ukraine https://www.facebook.com/ICFatherhood

# Father's Day Public Initiative

All-Ukrainian Father's Day Charity Event, the 3rd Sunday of September.

Activities: street festivities (concert, flash-mob, contests, competitions, presentation of family programs), work with media, thematic speeches, forums.

#### FATHER'S DAY PUBLIC INITIATIVE

All-Ukrainian Father's Day Charity Event

The 3rd Sunday of September



#### Goal:

- to inaugurate Father's Day at a government level
- to popularize an important role of a man as a father and family values in the present-day society
- to honor men who take care of their families and take an active part in raising their children
- to revive (reform) a culture of responsible fatherhood

### Activities:

- to cooperate with governmental institutions of Ukraine
- to hold public forums and charity events
- to hold a street festival (concert, flash-mob, contests, competitions, presentation of programs of profamily organizations)
- to work with media (press-conferences, thematic publications, speeches on radio and television)

# Results of the initiative in the last decade (2007-2017)

- 70 public and religious organizations engaged
- 100,000 people actively involved in Father's Day festivities all over Ukraine
- 15 million people reached out by videos on national TV channels, not to mention local TV and radio companies
- idea of celebrating the Father's Day in Ukraine supported by specialized ministries and recommended by the Government of Ukraine in a draft presidential decree on annual celebration of the Father's Day on the third Sunday of September submitted to the President of Ukraine.

# **INITIATIVE HISTORY**

- **2007** Father's Day public initiative launched.
- 2008 The Ministry of Family, Youth and Sport draws up a draft presidential decree on the Father's Day to be celebrated annually on the third Sunday of September.
- 2009 The third Sunday of September becomes a nationwide Father's Day and is celebrated in most regional centers of Ukraine.
- 2013 Inauguration of Father's Day becomes one of the objectives of the State targeted social family support program up to 2016 established by the decree of the Cabinet of Ministers of Ukraine No 341 dated May 15, 2013.
- 2013 To implement the aforementioned program, the Ministry of Social Policy of Ukraine draws up and coordinates with central executive bodies a draft Presidential Decree On Father's Day to be celebrated annually on the third Sunday of September. The given draft law is approved by the government of Ukraine and submitted to the President of Ukraine (letter of the Cabinet of Ministers of Ukraine No 12561/0/2-13 dated October 4, 2013).
- 2015 Inauguration of Father's Day is submitted as a recommendation to the President of Ukraine from the Parliamentary Hearings Family Policy of Ukraine - objectives and tasks of June 17, 2015.
- 2015 The Department of Social Policy of the Presidential Administration of Ukraine positively assesses the Draft Presidential Decree on Father's Day.

All interested government, public, and religious organizations, as well as representatives of media and businesses are invited to take part in the event as partners and sponsors.



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#### **GLOBAL MEN'S MOVEMENT**





Having talked to teenagers and men in different countries, we have come to a conclusion that today the problem of fathers' absence is an acute problem irrespective of nationality, economic development and political system.

Teenagers and youth say that most of their parents don't find time for them. The most frequently heard answer about reasons of broken relationships with a father is that he *is always working*. The present-day father spends on average only 15 minutes a day with his children!?

INTERNATIONAL CENTER OF FATHERHOOD is called to help fathers to be consistent, available and influential in lives of their children. That is why the men's movement for responsible fatherhood is known as *Father 24/7*. In fact, it has been developing in Ukraine for the last 15 years. Today, there is demand for our resources and experience in other countries. Development of the global men's movement *Father 24/7* has been chosen as one of the priorities of the Center in the next decade.

#### **POINTS TO PONDER**

# Social surveys in US. Influence of father's absence on children:

- 35 times higher risk to run away from home;
- **20 times** higher risk to exhibit deviated behavior;
- 20 times higher risk to end up in a prison;
- 14 times higher risk to rape (boys);
- 10 times higher risk to become drugaddicted;
- 9 times higher risk to drop out from school;
- 9 times higher risk to end up their lives in extreme poverty;
- 5 times higher risk to commit suicide.

# Children growing in fatherless families:

- 90% of all homeless and runaway children (US DHHS Bureau of the census);
- 85% of all children who show behavior disorders (Centre for Disease Control);
- 85% of all youths sitting in prisons (Fulton Co. Georgia jail populations, Texas Dept. of Corrections);
- 80% of rapists with anger problems (Criminal Justice & Damp; Behavior, T. 14, pp. 403-426);
- 71% of all high school dropouts (National Principles Association report on the State of High Schools);
- 70% of juveniles in state-operated institutions (US Dept of Justice Special Report);
- 63% of youth suicides (US DHHS Bureau of the census);
- Children score poorly on tests and get lower average grades (National Center for Fathering)



live away from their biological fathers (NCF)



say their fathers were absent emotionally (NCF)



of adults consider their fathers to be examples to follow (NCF)

### **UKRAINIAN TEAM OF INTERNATIONAL CENTER OF FATHERHOOD**



**Oleksandr Marchenko ICF President** 



**Serhiy Tsvetkov Executive Director** 



**Andriy Redkin DNIPRO** 



**Vladyslav Rohozhyn DNIPRO** 



**Bohdan Bahovskyi** ZAPORIZHIA



Volodymyr Lebyodkin ZAPORIZHIA



**Artem Matviychuk KYIV** 



**Andriy Fyodorov KYIV** 



Oleh Har'kavyi **KROPYVNYTSKYI** 



**Yuriy Poroshenko KROPYVNYTSKYI** 



VolodymyRedkach **LUTSK** 



**Oleh Chechelnetskyi ODESA** 



**Serhiy Kachan RIVNE** 



**Ihor Karpenko** SUMY



**KHARKIV** 



**Dmytro Khimanin CHERKASY** 

#### **MEN'S TESTIMONIALS**

# Bohdan, 33 years old, a father of two sons

"This seminar has really helped me organize and systematize knowledge about fatherhood, as well as experience I had. I got interested in spiritual education and made a decision to be a good example for my sons to follow. Thank you for the seminar."

# Andriy, 39 years old, a father of a son

"I obtained very useful knowledge about male parenting. Hopefully, this will help me build up qualitatively better relationship with my son. The bulk of the discussed problems are familiar to me. The discussion I liked the most was about commitment, as it revealed to me real solutions of problems in my fatherhood. I have been encouraged to perform my father's work well as soon as I come home."

# Yuriy, 26 years old, a father of an infant

"The training has turned out extremely important for me. My wife and I got especially interested in the topic about parents' team. It was useful for us as young parents of an infant. I have made a decision to change my behavior and spend more time with my son."

# Ihor, 40 years old, father of two children

I attended the classes because, unlike many other things, I had never learned anything about fathering. So, I got to know many interesting things. I also made a decision to spend qualitative time with my children i.e. to be together and do what they and I enjoy."

# Petro, 37 years old, a father of three children

"I think that the obtained knowledge will help me correctly develop my relationships with my children. Commitment is my favorite topic. It helped me understand how I could demonstrate love towards my children, and spend more time with them. I decided to plan my day in such a way so that I had more time for my family, even with sacrifice in my hobby."

# Mykola, 37 years old, a father of three children

"My heart has been touched through this seminar. It revealed my incorrect understanding of fathering and my tough treatment of my family. "Reconciliation with the father" appears to be the most important to me. I recognized and admitted my father's influence on me. Also, I got to know to solve problems in my relationship with him. I decided to change my attitude to corporal punishment and be tolerant to mistakes of my children. Now I really want to spend more time with each one of them."

#### **PARTNERSHIPS**

ICF relies on people like you to support its efforts to reconcile fathers to their children, teach them how to establish positive relationships with their children and guide them to become servant leaders to their families and communities.



#### THREE WAYS TO GET INVOLVED

#### **PRAY**

- Prayer is essential to ICF ministry.
- Please pray for leaders of ICF;
- for providing and development of programs, projects and events.

#### GO

- Become an international volunteer with ICF.
- Host the "Father 24/7" seminar at your workplace or community.
- Spread the news about ICF activities through your communication channels.

#### **GIVE**

- Please make your donation to support ICF in reaching its vision.
- "Not that I'm looking for handouts, but I do want you to experience the blessing that issues from generosity" Phil. 4:17 (The Message)
- If you wish to donate, please make your checks payable to:

INTERNATIONAL CENTER OF FATHERHOOD Walt Camping (USA director)
20114 N 92nd Avenue
Peoria, AZ 85382

You may also donate online on ICF website: http://icfatherhood.org ICF is 501(c)3 nonprofit corporation
Your gifts will be tax-deductible.

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'A CHILD JUST NEEDS A FATHER, NOT A PERFECT FATHER. IT IS IMPORTANT THAT A FATHER BE RESPONSIBLE, SINCE RESPONSIBILITY LEADS TO PERFECTION.'

**OLEKSANDR MARCHENKO** 



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